

# The Monthly Qi

## What's Happening at Southwest Acupuncture College

*The Monthly Qi* is a one-page Shout out devoted to the seasonal energy of the year.

Contact Sophia Bungay, Director of Admissions and Alumni and share your Qi with us.

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### Southwest Acupuncture College Annual Clinic Statistics June 1, 2020 - May 31, 2021

Santa Fe Clinical Statistics Narrative 2021 by Pamela Barrett, DOM, Clinic Director

Southwest Acupuncture College Santa Fe Campus									
Annual Clinic Statistics									
June 1, 2020 - May 31, 2021									
Campus	Total No. of Patients	Total No. of New	No. of New Female Patients	No. of New Male Patients	Age Group	No. of Patients	Top 10 Illnesses Treated	No. of Top 10 Illnesses	% of Top 10 Illnesses
Santa Fe	793	114	60	54	1-10	0	Musculoskeletal pain	66	58%
					11-20	1	Neurological	9	8%
					21-30	14	Anxiety/Insomnia/Palp.	7	6%
					31-40	11	Respiratory	6	5%
					41-50	11	Urogenital	6	5%
					51-60	21	Digestive	5	4%
					61-70	29	Fatigue	5	4%
					71-80	20	Headache	4	4%
					81-90	7	Tinnitus/Balance	4	4%
					91-100	0	Other	2	2%
<b>Total Possible Patients</b>								793	
<b>Actual Patients</b>								665	

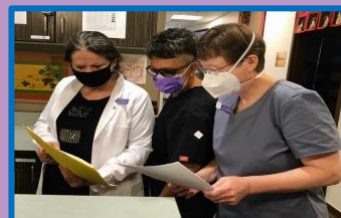
This year's annual statistics report reflects the clinic closure due to Covid-19 and so the numbers are much lower than previous years. The clinic was closed March 16, 2020, due to Covid and re-opened January 25, 2021. So, data was not collected for nine months. This report's data represents the five months from January 25, 2021, to May 31, 2021.

It is interesting to note that generally, we see a greater percentage of women than men. But this spring, men and women are more equally represented. We are, however, seeing about the same percentages of people over 50 years old as compared to those under 50 years old as in previous years.

The complaints that attract the lion's share of people to the clinic are musculoskeletal pains such as arthritis and back pain. But interestingly, neurological complaints such as numbness and neuropathies are our number two complaint in this report; followed closely by anxiety, insomnia, and heart palpitations. This probably reflects the medical conditions patients were experiencing during this unprecedented time of stress related to COVID 19.

Other complaints falling under the headings of respiratory, urogenital, digestive disorders, and general fatigue were evenly represented in the main complaints collected. Migraine and tinnitus were also noted. The category of "other" represents a complaint about vascular issues and one of high cholesterol.

It is wonderful to see that the clinic, over the five-month period that included challenges such as getting the word out that we had re-opened and attracting people who were still reticent to visit healthcare providers, was still able to achieve a cumulative fill rate of 85%. This indicates that acupuncture treatments are in demand.



Southwest Acupuncture Clinic  
Data Collection Summary  
June 1, 2020 – May 31, 2021

Campus	# of Patients	# of New Patients	# of New Female Patients	# of New Male Patients	Age Groups	# of Patients	Top 10 Illness Treated	# of Top 10 Illnesses Treated	% of Top 10 Illnesses
Boulder	873	61	38 62%	23 38%	< 18	2	Back Pain	10	25.6%
					18-19	2	Neck Pain	6	15.5%
					20-21	0	Wellbeing	5	12.8%
					22-24	1	Digestion	4	10.3%
					25-29	5	Knee Pain	3	7.7%
					30-34	10	Anxiety	3	7.7%
					35-39	4	Arm Pain	2	5.1%
					40-49	16	Insomnia	2	5.1%
					50-64	11	Elbow Pain	2	5.1%
65+	10	Acne	2	5.1%					
Total Possible Patients/ Actual Patients								1354/873	

Clinic data from the past year is reflective of the months January through May 2021. Covid accommodations meant clinics and classes were completely online from March 14, 2020, through January 25, 2021, so patients were not seen during that time-period.

Since being back on campus, patients have been slow to return to the clinic. Many past patients stated they were waiting until they were fully vaccinated, others are hesitant to visit doctors until the general population is better vaccinated, and a significant number cited financial concerns. Our clinic capacity is at 64.5% so far, but we are beginning to see steady improvement. We are excited for the prospect of re-opening our externships possibly starting Fall 2021!

Of our new patients, their ages are represented by a higher number of below 50-year-old patients than above 50 years old patients. This is a nice trend because typically our patients are elderly.

Various pain issues are the most common ailments initially bringing patients to our clinic. Back pain being quite significant, followed by neck pain and knee pain. Arm and elbow pain were also mentioned. Interestingly, after pain, digestion, anxiety, insomnia, and acne brought patients to our clinic.

