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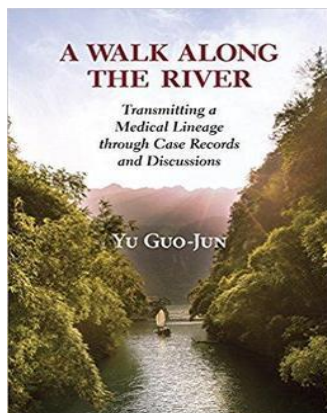
Southwest Acupuncture College February 2021 Santa Fe Campus Library Newsletter

The seventh day of Chinese New Year is also known as the birthday of Mankind according to an ancient Han Dynasty text. Different communities have different ways of celebrating the Seventh Day, although all celebrations involve the consumption of special dishes such as raw fish tossed with ten types of seasoning and pickles, longevity noodles or porridges with seven types of ingredients. It's a time to wish everyone a healthy and prosperous year ahead.

The Librarian says: PLEASE RETURN YOUR BOOKS!

During the winter 2020 Inventory of the Library collections, there were nine missing books and seven titles were on Master Tung acupuncture. The cost of the lost books is \$599.80. Thank you! www.librarians@acupuncturecollege.edu

[A Recommendation and review from Dr. Hilary Broadbent](#)



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A problem for many Westerners prescribing Chinese herbs is making the connection between modern herbal practice and ancient texts, such as the *Shang Hun Lun* and the *Jin Gui Yao Lue*. The original text was written in about 220 CE the source texts for many of our most commonly-used formulas, but they also provide the basis for many of the key principles in diagnosis and formula application. However, it is easy to misunderstand how to use the formulas. In the *Shang Han Lun*, for example, we meet the formulas in the context a discussion of diseases that begin as superficial wind-cold, and then, if not treated properly, may burrow deeper into the body until they become serious and eventually fatal. It is easy to get caught up in that plot-line and miss the fact that the formulas are broadly applicable in any situation in which key signs and symptoms

appear, regardless of whether or not the patient had a wind-cold invasion, etc., last week. *A Walk Along the River*, by Dr Yu Guo-Jun can cure that difficulty. For example, several cases are presented for which the treatment is Ma Huang Xi Xin Fu Zi Tang (Ephedra, Asarum, and Aconite decoction). This is mentioned in the source texts as a formula for treating a wind-invasion with interior yang deficiency. It is kind of a throw-away formula for us in the U.S. because we can't use either Ma Huang or Xi Xin without legal and ethical difficulties. So, it is all the more illuminating to read about these diverse cases for which the formula, modified as necessary, was extremely effective. And the book just gets better from there. I strongly recommend this book for anyone who wants to understand the immediacy and breadth of use of formulas, or who wants to study the art of modifying formulas.

[Comments and suggestions to librarians@acupuncturecollege.edu](mailto:librarians@acupuncturecollege.edu)