



January 2021 Library Newsletter

Southwest Acupuncture College, Santa Fe Campus

Predictions & Readings

"Just like hopes springing high, still I'll rise" by Maya Angelou

"Last year the world turned upside down, May next year turn it back again!" by Jacquié Lawson UK 2020

"Did anthropologists get the Mayan rebirth date wrong, not 2012 but 2021?"
History Channel

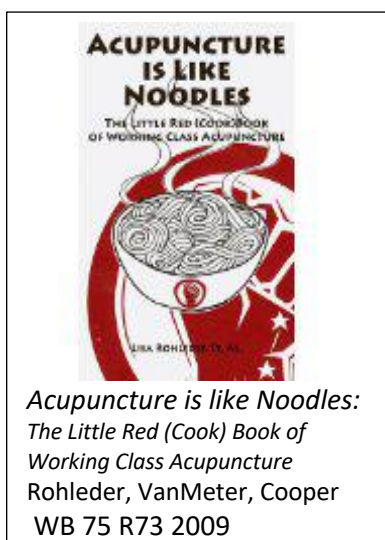
2021 Trend Predictions from *The New York Post*

Ghost Kitchens - Zoom Rooms - The 'Greta Effect' – Pandemic Fashion – AI in Classrooms – Good-for-you Booze – 3D Print Houses – Going Contactless – Slow Dating

Library Books to Revisit



Earth Acupuncture, Healing the Living Landscape
Gail Reichstein Rex
WB 760.1 R43 2016



Acupuncture is like Noodles: The Little Red (Cook) Book of Working Class Acupuncture
Rohleder, VanMeter, Cooper
WB 75 R73 2009



Fix Your Mood With Food
Heather Lounsbury
WB 404 L67 2014

Suggested Reading from Dr. Susan Plourde, DOM, SWAC Faculty

Ann Cecil-Sterman's *Advanced Clinical Manual* is full of clinical pearls that can make-or-break the effectiveness of a treatment. Simple but important things like, is the patient hydrated? Do they need resources supported and how to support resources before moving pathology?

She clearly explains the theory behind the techniques used to create desired effects and explains how to perform those techniques. One example is angling a needle towards the Kidney line to direct qi to support prenatal qi or angle needle towards the St or Sp meridian to direct energy to support post-natal qi... I never read this anywhere else! Perhaps most importantly, the clinical efficacy of the treatments is incredible.

Comments and Suggestions Welcome at: librarians@acupuncturecollege.edu