

## What Do We Treat?

Acupuncture and Chinese herbs have been found effective for treating a wide range of conditions, including:

### Aches • Pain • Inflammation

- Backache
- Neck Pain
- Leg Pain
- Toothache
- Joint Pain
- Neck Pain
- Muscle Strain
- Arthritis
- Rheumatism
- Tendonitis
- Bursitis
- Sciatica

### Allergies • Asthma • Infections

- Colds/Sinusitis
- Tonsillitis
- Conjunctivitis
- Bronchitis
- Psoriasis
- Dysentery
- Prostatitis
- Otitis

### Low Energy • Migraines • Stress

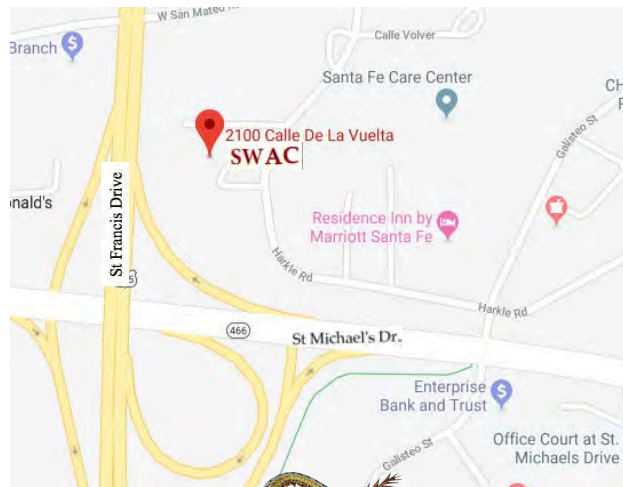
### Reproductive Health

- Infertility
- Hormonal Problems
- Postpartum Care
- Sexual Dysfunction



## Who are we?

Southwest Acupuncture College offers a four-year, full-time accredited program leading to a Master of Acupuncture or Master of Acupuncture with a Chinese Herbal Medicine Specialization degree in preparation for licensing as a Doctor of Oriental Medicine in NM. Over one-third of the 3,000 hours of study in our program is spent in the clinic where students treat under supervision of a licensed practitioner.



### SOUTHWEST ACUPUNCTURE COLLEGE

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Visit us on our website  
[acupuncturecollege.edu](http://acupuncturecollege.edu)

# Southwest Acupuncture College



## Clinical Services

*The Future of  
Medicine  
is  
Here*

# What should I Expect?

Acupuncture originated in China over 3,000 years ago and is used as a primary healthcare system throughout the world.

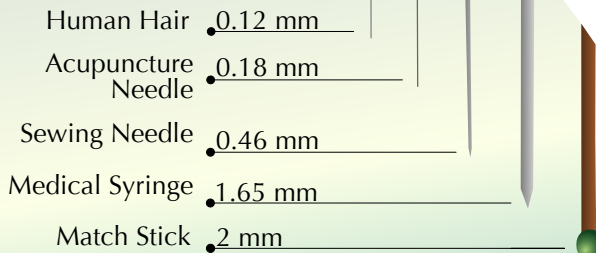
Your practitioner will carefully evaluate your personal condition by asking about your medical history, taking pulses, observing your tongue, and palpating various areas of your body for tenderness.

Depending on your diagnosis, one or several techniques will be incorporated in your treatment, including:

**Needles:** Thin, sterile, stainless steel needles are placed in specific acupuncture points. Insertion is usually painless; you may feel a dull ache or tingling sensation when the needle is stimulated. Acupuncture is usually a very relaxing experience.



## How Tiny Is An Acupuncture Needle?



**Moxibustion:** Moxa is a Chinese herb (mugwort), which is rolled into sticks or cones and burned above the skin. This aromatic herb creates a sensation which is warming and pleasant and regulates *qi* (energy).

**Electric Stimulation:** A very low level electric current applied to the needle or your skin.

- Reduces muscle spasms
- Enhances point stimulation

**Shiatsu:** Oriental Medicine often incorporates massage and bodywork to:

- Aid relaxation
- Facilitate the movement of *qi* (energy).



**Herbs:** Herbology is an important component of Oriental Medicine, and may be prescribed to treat disease or as a dietary supplement to build and strengthen the body.

## Clinics Offered

### Student Intern Clinic

Private treatment by a student practitioner under the supervision of a licensed acupuncturist. The clinic teaches a variety of styles which may include:

- Traditional Chinese Acupuncture
- Classical Acupuncture
- Japanese Acupuncture

Appointments Weekdays at 9:15 am, 10:45 am, 1:30 pm, & 3:00 pm.

General Student Clinic: \$35.00  
Herb Clinic: \$10.00 + Cost of Herbs

*We offer a 10% discount for:  
Seniors (55+), Veterans, & Students*

### Herb Clinic

One of our faculty herbalists and up to six advanced students will formulate an herbal prescription based upon your individual needs.

**Call us at 505-438-8880  
to schedule  
your treatment.**